Children's Advocacy Services of Greater St. Louis Locations

University of Missouri-St. Louis
Kathy J. Weinman Child Advocacy Center

7800 Weinman Way St. Louis, MO 63121 314-516-6798

Kirkwood

121 W Monroe Ave Kirkwood, MO 63122 314-516-8300

Central West End

4443 W Pine Blvd St. Louis, MO 63108 314-516-4088





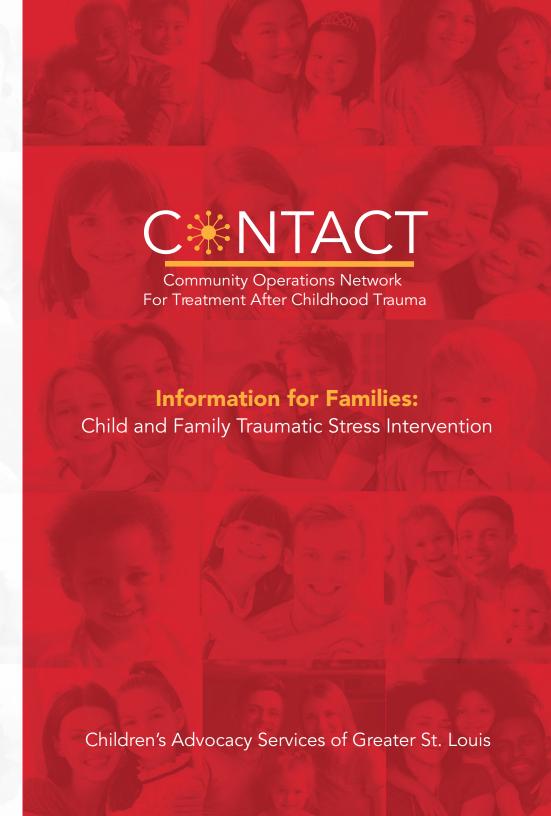






This project is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.

For more information, visit our website at www.projectcontact.org



What is the Children's Advocacy Services of Greater Saint Louis (CASGSL)?

- A child advocacy center that provides therapy to children and families
- Therapists specially trained in helping children who have experienced trauma
- Part of the University of Missouri–St. Louis
- Three convenient locations (UMSL campus, Central West End, Kirkwood)

What is Project CONTACT?

- Community Operations Network for Treatment After Childhood Trauma
- A \$2M grant from the Substance Abuse and Mental Health Services Administration
- Awarded to CASGSL
- Designed to help get children who have experienced trauma into treatment



What is the Child and Family Traumatic Stress Intervention (CFTSI)?

- A brief therapy model (between five to eight sessions)
- For children and their caregivers
- Developed by the Yale Child Study Center
- Reduces the effects of children's exposure to trauma
- Helps support children when they are struggling to cope
- Provides education about trauma and trauma symptoms
- Increases communication between children and their caregivers

WHAT TO EXPECT

STEP 1 / WHO CAN PARTICIPATE?

- Children 7-18 years old who have recently experienced or disclosed a trauma:
 - Sexual abusePhysical abuse
 - Community violence Medical trauma
 - Car accidentNatural disaster
 - Or similar distressing event
- Caregiver who is willing to participate in treatment

STEP 2 / MEET FAMILY ENGAGEMENT SPECIALIST (FES)

- CASGSL staff trained in helping families referred to CFTSI
- They offer assistance to help families engage in services. This may include:
 - Making transportation arrangements
 - Finding childcare
 - Identifying community resources to address other family needs
- They help families get into therapy
 - Completing necessary paperwork
 - Finding convenient times/dates

STEP 3 / MEET WITH CLINICIAN FOR CFTSI

- Five to eight individual and family sessions
- Learn skills to cope with and overcome traumatic stress
- Increase communication between child and caregiver

STEP 4 / PLAN FOR ONGOING NEEDS

Your therapist and FES will help you find any other services that might benefit your family.

Services are free; appointments are available Mondays – Fridays during business hours.

To schedule, call Children's Advocacy Services of Greater St. Louis at 314-516-7330