

Children's Advocacy Services of Greater St. Louis Locations

University of Missouri–St. Louis Kathy J. Weinman Child Advocacy Center

7800 Weinman Way
St. Louis, MO 63121
314-516-6798

Kirkwood

121 W Monroe Ave
Kirkwood, MO 63122
314-516-8300

Central West End

4443 W Pine Blvd
St. Louis, MO 63108
314-516-4088



A PARTNER IN
NCTSN

The National Child
Traumatic Stress Network

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**For more information, visit our website
at www.projectcontact.org**

CONTACT

Community Operations Network
For Treatment After Childhood Trauma

Information for Community Partners

Children's Advocacy Services of Greater St. Louis

What is the Children's Advocacy Services of Greater St. Louis (CASGSL)?

The Children's Advocacy Services of Greater St. Louis (CASGSL) is a child advocacy center that provides trauma-focused services to youth, families, and the community.



What types of trauma do the staff at CASGSL treat?

We serve children impacted by all types of traumatic events including:

- Sexual abuse
- Physical abuse
- Neglect
- Accidents
- Natural disasters
- Traumatic bereavement
- Witnessing domestic abuse or violent crime

What is Project CONTACT?

Project CONTACT (Community Operations Network for Treatment After Childhood Trauma) is a five-year \$2M grant awarded to the CASGSL by the Substance Abuse and Mental Health Services Administration. The goal of the project is for the CASGSL to partner with community agencies to increase referrals to our Child and Family Traumatic Stress Intervention (CFTSI).

WHAT IS CFTSI?

- Child and Family Traumatic Stress Intervention
- A brief therapy model (between five to eight sessions)
- For children and their caregivers
- Developed by the Yale Child Study Center
- Reduces the effects of children's exposure to trauma
- Helps support children when they are struggling to cope
- Provides education about trauma and trauma symptoms
- Increases communication between children and their caregivers

WHAT CASES ARE APPROPRIATE FOR CFTSI?

- The child is age 7-18
- The child's disclosure/experience of trauma is recent (within 60 days)
- The child is experiencing at least one symptom of traumatic stress (e.g., nightmares, anxiety, fears, avoidance of situations that are reminders of the trauma, unwanted memories of the trauma)
- The non-offending caregiver(s) is willing and able to attend all CFTSI sessions
- The child and/or caregiver currently resides in St. Louis County or St. Louis City

WHAT CASES ARE NOT APPROPRIATE FOR CFTSI?

- The caregiver doesn't live with the child (e.g., child is in residential care)
- The child is currently participating in other trauma-focused therapy
- The child is younger than 7 or older than 18
- The child is currently experiencing significant suicidal ideation or engaging in self-harm behaviors (these concerns should be evaluated and addressed immediately)

HOW DO I MAKE A REFERRAL?

- Call our intake team at **314-516-7330** and let them know you have a CFTSI referral